

Army-Navy rivalry



Photo by Bonnie Arnold

NAVY AND ARMY FANS and alumni of the service academies gathered Saturday at the Comanche Trace Pinnacle Club to watch the annual Army-Navy football game and cheer on their teams, including David Bailey, USN; Joe Shimek, Army; Ken Highfill, USN; Bill Hipple, USN; Bill Crum, Army; Jack Cremin, USN and Air Force; and Lorrin Peterson, U.S. Air Corps.

Lemon Tree donates to EWC

Lemon Tree Cleaners delivered a check recently to Sue Steele, public relations officer, Bank of the Hills, and treasurer of the Executive Women's Club.

"We are overwhelmed by the community and local business support of our annual Baubles and Beads event. Donations are still coming in and the figure currently stands at more than \$50,000," Steele said. "Part of the money raised goes to fund a scholarship, and the rest goes directly to a fund at Peterson Regional Medical Center that is managed by Dr. Barrington. It's important to the club that the money stays local and helps local women who would otherwise not be able to afford the things they need in their fight with breast cancer."

"As a local business owner, it is important to me that we are giving back to the communities we serve in a meaningful way," said Denny Foster, owner of Lemon Tree Cleaners and member of the Board of Directors for the Kerrville Area Chamber of Commerce. "While our donation seems like just a drop in the bucket, we hope to grow this program next year and really go all out with the pink next October!"



Courtesy Photo

PRESENTING A CHECK to Executive Women's Club Treasurer Sue Steele in support of the club's Baubles and Beads fundraiser is Lemon Tree Cleaners owner Denny Foster.

Many of the Executive Women's Club members are our regular customers and we appreciate them and all they do for our community."

Police

CONTINUED FROM PAGE 3A

Dec. 8 at 3:39 p.m.

Theft \$500-1,500 was reported in the 2400 block of Junction Highway on Dec. 8 at 3:40 p.m. for an incident dating back to June 16.

Traffic Violations

A subject was arrested for driving with a suspended license and possession of drug paraphernalia in the 1200 block of Donna

Kay on Dec. 10 at 6:38 p.m.

A male subject was arrested for driving with an invalid license in the 700 block of Jefferson Street on Dec. 10 at 1:30 a.m.

Unlawful Restraint

A report was generated in the 1300 block of North Street on Dec. 13 at 3:56 a.m.

Warrant Service

A suspect was arrested on a Kerr County warrant in the 300 block of Main on Dec. 10 at 1:24 p.m.

A subject was arrested on an

outstanding local warrant in the 1100 block of East Main on Dec. 9 at 3:42 p.m.

A subject was arrested for warrants during a disturbance call to the 600 block of Loop 534 on Dec. 9 at 4:12 p.m.

Court

CONTINUED FROM PAGE 5A

block Ward St., Kerrville - possession of controlled substance PG 3 less than 28 grams, filed 7-14-10; sentenced to 200 days jail, 147 days credit, \$357 court costs.

Christopher Anding Redus, 100 block Four Bears Trail, Kerrville - possession of marijuana less than 2 oz., filed 11-4-10; sentenced to \$400 fine, 40 hours community service, 9

months probation, \$317 court costs. Jovon Xavier Smith - 100 block Schreiner St., Kerrville - possession of marijuana less than 2 oz., filed 1-29-10; and bail jumping and failure to appear, filed 11-15-10; sentenced to 30 days jail, 18 days credit, \$367 + \$327 court costs.

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"3RD SATURDAY" AFFORDABLE WELLNESS LAB TESTING

Saturday, December 18 8:00 am to 11:00 am



at the Peterson Outreach Lab at Five Points, 320 W. Water Street, Suite A, Kerrville

* Remember... a 10-hour fast is required for all lab tests. Black coffee and water permitted.

Lipid Panel: Cholesterol, Triglyceride, HDL, LDL, Ratios. WHY YOU NEED IT: Identifies both good and bad cholesterol and fatty acids that block arteries and veins. This test is an indicator of your potential risk for heart attack and stroke. If you have leg pain or shortness of breath this would be a good test to take.

Cost: \$20.00 (\$108.50 value)

Wellness One Panel: Lipid panel (cholesterol, triglyceride, HDL, LDL and ratios,) complete metabolic panel (kidney, liver, heart function and glucose level) and complete blood count (red and white blood cell counts). WHY YOU NEED IT: Many physicians order these for a routine physical. The metabolic panel can determine kidney, heart and liver dysfunctions. The complete blood count screens for blood infections, low iron and some cancers of the blood. If you have any family history of kidney, heart or liver disease or cancer of the blood OR if you are tired all the time and have very low energy, this would be a good comprehensive test for you to take.

Cost: \$65.00 (\$380.00 value)

Wellness Two Panel: Everything in Wellness One plus Thyroid Stimulating Hormone (TSH). WHY YOU NEED IT: Thyroid problems can show up as excessive fatigue, weight gain, dry skin, brittle nails and even hair loss.

Cost: \$95.00 (\$509.50 value)

Women's Health Panel: Complete metabolic panel (kidney, liver, heart function and glucose level,) a complete blood count (red and white blood cell counts), Thyroid Stimulating Hormone (TSH), PLUS Hgb A1C (glucose monitor,) and FSH (female hormone). WHY YOU NEED IT: The glucose monitor tests for diabetes. The FSH tests for out of balance female hormone levels that can result in night sweats, hot flashes and fatigue common during menopause and pre-menopause.

Cost: \$150.00 (\$637.00 value)

Men's Health Panel: Complete metabolic panel, a complete blood count, Thyroid Stimulating Hormone (TSH) PLUS Hgb A1C (glucose monitor) and PSA count. WHY YOU NEED IT: The glucose monitor tests for diabetes. The PSA tests for out of balance male hormone levels that can be a sign of prostate cancer.

Cost: \$150.00 (\$637.00 value)

Healthy Heart Panel: Lipid panel, a complete metabolic panel, a complete blood count, iron, ferritin, TSH, CRP and homocysteine. WHY YOU NEED IT: This series gives a higher level of screening for heart disease. It gives a complete picture of how healthy your heart may be. This is a good test to take if you have any family history of heart disease.

Cost: \$180.00 (\$1,200.00 value)

PLAC test: This blood test has been cleared by the FDA to aid in assessing the risk of both coronary heart disease and ischemic stroke. WHY YOU NEED IT: This test is valuable in the evaluation not only of plaque buildup, but buildup that is ready to rupture or break loose, leading to a heart attack or stroke.

Cost: \$70

Cash or Checks only - Unfortunately we are unable to accept credit cards for these tests. Directions: PRMC Lab is located at the corner of Main Street (Hwy 27) and Water Street (at the intersection across from Wells Fargo bank - one block west of Mamacita's Restaurant). Door prizes and refreshments. All lab results are reviewed by a local pathology specialist at no additional charge. All results will be mailed to you and maintained in your electronic medical records at Peterson Regional Medical Center.

Affordable Lab Testing is available every 3rd Saturday of each Month. For more information, call 830-258-7708.

www.petersonrmc.com

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